

# TOLLEFSON SWIMMING

## Summer 2024 Programs

Tollefson Swimming is proud to offer programs at several locations this summer. Please call or email us for additional forms, questions, special concerns, or to discuss class placement. Swimmers must be members at outdoor pools to enroll (Garrett Park, CCRA, Tilden Woods, or Kenmont). Georgetown Prep and Wildwood Manor (outdoor pool) do not require pool membership to register. Please note that we offer in-water classes at all locations. For deck stroke or endurance, Georgetown Prep is the only location available.

### ***Registration Instructions:***

You may register for more than one program. Please complete and send the form, and provide the location you would like to register for to Gigi at [giuliana@tolleffsonswimming.com](mailto:giuliana@tolleffsonswimming.com). If you have a specific class time request, please indicate it in your email response. If you have swum with Tollefson before, you can just indicate in your email response what you would like to register for without completing the form. All new swimmers to Tollefson must complete the form to register.

If you have multiple swimmers you would like to register, please clearly mark the registration form if you would like to sign them up for different programs. Or, please include this information in your email.

Payment is due with registration to reserve your spot; we will send an invoice electronically which will detail payment options.

### **NEW SWIMMER INFORMATION**

Swimmer #1 Name \_\_\_\_\_ DOB \_\_\_\_\_

Swimmer #2 Name \_\_\_\_\_ DOB \_\_\_\_\_

Swimmer #3 Name \_\_\_\_\_ DOB \_\_\_\_\_

Swimmer #4 Name \_\_\_\_\_ DOB \_\_\_\_\_

**Brief Description of current swim level & instruction experience for each swimmer:**

Parent/Guardian Name \_\_\_\_\_

Primary Phone: \_\_\_\_\_

Primary Email: \_\_\_\_\_

Referred By: \_\_\_\_\_

I understand that participation in Tollefson Swimming activities is entirely voluntary. I understand that Tollefson Swimming activities may involve swimming and related pool activities. I know and understand the risks and dangers involved and I know and understand that unanticipated dangers might arise. I hereby release Tollefson Swimming from any responsibility for injury, which might occur as a result of participation in Tollefson Swimming activities.

I understand that Tollefson Swimming does not guarantee refunds for withdrawal from classes during a session. If the class level is not the right fit, Tollefson Swimming will accommodate my swimmer in a different class. If my swimmer decides to withdraw from the session after registration, Tollefson Swimming may offer credit for a future session.

I give permission for \_\_\_\_\_ to participate in all Tollefson Swimming activities, except as noted. I also give permission to authorized personnel to carry out such emergency diagnostic and therapeutic procedures as may be necessary for me or my child, and also permit such treatment procedures to be carried out at, and by the local hospital(s) for me or my child in the event of an emergency. I understand that any medical expenses will be billed directly to me or my insurance company.

\_\_\_\_\_

Parent/guardian signature or adult participant signature

\_\_\_\_\_

Date

***Please continue to the next page to view locations and select program(s).***

## **GARRETT PARK (Must be a pool member)**

*One 2-week session of eight half-hour classes (IN WATER & MASTERS ONLY)*

*All classes are Monday/Tuesday/Thursday/Friday (Weather makes 2<sup>nd</sup> Wednesday of each session if necessary)*

**Session One** – June 17 – June 28 (\$220)

Between 6:30 and 7:30 pm \_\_\_\_\_

**Session Two** – July 1 – July 12 except July 4 (\$200)

Between 6:30 and 7:30 pm \_\_\_\_\_

**Session Three** – July 15 – July 26 (\$220)

Between 6:30 and 7:30 pm \_\_\_\_\_

**Master's Swimming (open for non-members)** – June 3 – July 26 (\$260)

Monday, Wednesday & Friday, 6:00 am to 7:30 am \_\_\_\_\_

## **KENMONT (Must be a pool member)**

*One 2-week session of eight half-hour classes (IN WATER ONLY)*

*All classes are Monday/Tuesday/Thursday/Friday (Weather makes 2<sup>nd</sup> Wednesday of each session if necessary)*

**Session One** – June 17 – June 28 (\$220)

Between 6:30 and 7:30 pm \_\_\_\_\_

**Session Two** – July 1 – July 12 except July 4 (\$200)

Between 6:30 and 7:30 pm \_\_\_\_\_

**Session Three** – July 15 – July 26 (\$220)

Between 6:30 and 7:30 pm \_\_\_\_\_

## **TILDEN WOODS (Must be a pool member)**

*One 2-week session of eight half-hour classes (IN WATER ONLY)*

*All classes are Monday/Tuesday/Thursday/Friday (Weather makes 2<sup>nd</sup> Wednesday of each session if necessary)*

**Session One** – June 17 – June 28 (\$220)

Between 6:30 and 7:30 pm \_\_\_\_\_

**Session Two** – July 1 – July 12 except July 4 (\$200)

Between 6:30 and 7:30 pm \_\_\_\_\_

**Session Three** – July 15 – July 26 (\$220)

Between 6:30 and 7:30 pm \_\_\_\_\_

*Please continue to the next page for CCRA, Wildwood, and Georgetown Prep.*

## **CCRA (Must be a pool member)**

*One 2-week session of eight half-hour classes (IN WATER ONLY)*

*All classes are Monday/Tuesday/Thursday/Friday (Weather makes 2<sup>nd</sup> Wednesday of each session if necessary)*

**Session One** – June 17 – June 28 (\$220)

Between 6:30 and 7:30 pm \_\_\_\_\_

**Session Two** – July 1 – July 12 except July 4 (\$200)

Between 6:30 and 7:30 pm \_\_\_\_\_

**Session Three** – July 15 – July 26 (\$220)

Between 6:30 and 7:30 pm \_\_\_\_\_

## **Wildwood Manor (Pool membership not necessary)**

*Note: Please email us to get on the mailing list for this location. Registrations are done through the Wildwood pool. The registration will be open first to Wildwood members, then non-members. Programs/timing will be similar to the other outdoor locations, so please ask us to receive updates if interested.*

## **GEORGETOWN PREP (Pool membership not necessary)**

*1 session only (6/17– 7/25, except 7/4).*

*Classes are offered on Monday, Tuesday, or Thursday evenings.*

### **In-water classes (unable to swim a full length)**

Weekly 30-minute class (\$300)

Monday, Tuesday, or Thursday between 6:30 and 8:00 pm \_\_\_\_\_

### **Deck stroke class (able to swim a full length independently)**

Weekly 30-minute class (\$240)

Monday, Tuesday, or Thursday between 6:30 and 8:00 pm \_\_\_\_\_

### **Training/Endurance class (able to complete a full length of free & back)**

Weekly stroke class + 1 x 60-minute endurance class (\$480)

Weekly stroke class + 2 x 60-minute endurance class (\$600)

Monday, Tuesday, or Thursday 6:30 – 7:30 pm \_\_\_\_\_

\*Make sure to indicate which stroke class day and which endurance day(s)\*